

**WALK  
IT  
OUT**

ANGEL STADIUM • AUGUST 26, 2023

NAMI-OC invites you to "Walk It Out" with us at our annual NAMIwalks Orange County 5K event. Registration is free!!

There will be:

- vendors
- entertainment
- games
- food trucks
- free resources



For questions,  
contact NAMI-OC  
at  
[info@namioc.org](mailto:info@namioc.org)  
or call  
(714) 544-8488